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Provider Tips for Reviews

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Realistic Living Experience

- **Independent Living Programs** specialize in preparing youth for independence or supporting emancipated youth who have chosen to remain in foster care.
- Youth who are in RBWO ILP programs are being prepared for adulthood by being provided realistic living experiences.



Examples of Real Life Experiences


- Life skills practice while having access to staff for support and advice;
- Emotional adjustment to the difference between present living situation and previous ones, and to the loneliness that may occur due to a change in living situations;
- Practice in living alone;
- Practice in money management and budgeting;
- Negotiating a rental agreement;
- Obtaining and using transportation to access needed resources;



Examples Cont'd

- Safe use of household appliances;
- Practice in basic housekeeping;
- Experience in shopping, food preparation, food storage; and
- Consumer skills.





Single occupancy housing

- RBWO Minimum Standard 23.27: Provider will ensure Start-up cost for youth's Single Occupancy housing will be provided in accordance with DFCS Child Welfare Policy 13.11. All start-up costs must be pre-approved by the Regional ILS. Start-up costs are limited to the following:

Note: Due to limited funding, GARYSE Chafee is only able to support youth who are exiting care and entering their own housing. The policy language in the minimum standards will be updated to reflect this change.





1. First month's rent, security deposits, renter's insurance, startup utility and telephone connection fees (NO cable or satellite television installation fees are allowable).

2. Basic furniture items (bed, chest of drawers, table, and chairs).

3. Cooking and cleaning supplies.

Note: Due to limited funding, GARYSE Chafee is only able to support youth who are exiting care and entering their own housing. The policy language in the minimum standards will be updated to reflect this change.



Supervision of ILP Youth

RBWO Minimum Standard 24.8

The frequency of in-person supervision may vary due to many factors (e.g., Tier the young person is in, behavioral concerns, readiness for independence; living arrangements chosen; presence or availability of other adults; other factors unforeseen until after placement). In-person supervision visits, phone calls and other contacts with the young person must be documented and approved in the SHINES portal within 72 hours of the visit or contact. The following in-person supervisory schedule, at a minimum, shall be utilized during the first 4 weeks after a younger person enters a new Tier.

Tier 1-

1st and 2nd Week: Daily face-to-face supervision.

3rd through 4th Weeks: Three times a week face-to-face supervision and daily phone calls.

Tier 2-

For the 1st 30 days, provider will conduct two face to face visits per week with one of those visits occurring on the weekend.

Tier 3-

For the 1st 30 days, provider will conduct at least one face to face visit per week and at least one phone call per week on a day that a face to face visit does not occur.

Would you feel comfortable here?





Medication Management

- Were the medication logs up to date?
- RBWO Standard 23.2- If on medications, provider must ensure that the young person maintains a medication log.
 - Provider will ensure that youth follows up with a psychiatrist if the youth requests to stop medication.
 - The doctor and youth are to sign off on request upon complete evaluation to assess understanding and consequences of not being on medication.
 - A Safety plan must be implemented to address the safety and well-being of the youth in these instances.

Provider responsibility:



Ensure

- Ensure medications are administered as prescribed until the youth is able to demonstrate their ability to self-administer.

Maintain

- Maintain medication logs.

Check

- Staff must check medication logs at a minimum of once per week.

Assist

- Assist youth with administering medication until youth demonstrates the ability to self-administer.



lyft

Uber

Transportation

- **RBWO Minimum Standard 26.3**

Providers must regularly assess the transportation needs of the youth and their ability to successfully transfer themselves to school and/or work.

Food Supply Expectation

- **RBWO Minimum Standard 23.30**

Youth must be provided with a \$300 monthly allowance for food and hygiene products. This allowance amount must be based on a documented assessment of the youth's needs. Provider must assist youth with creating a shopping plan/schedule for the purchase of said items and food. All youth are eligible to apply for food stamps, however, food stamps are supplemental and the food allowance provided should be determined based on the amount of food stamps the youth receives to ensure an adequate food supply



Discharge Notices

RBWO Minimum Standard 5.5

- ILP providers must provide DFCS with a 60-calendar day notice and provide the young adult with placement transition assistance.

